

Updated on 05/09/2025

Sign up

# LPM training: Agile PMO for CIOs

ALL-IN-ONE: EXAM INCLUDED

2 days (14 hours)

#### Presentation

PMO Agile for CIOs is an operational training course that transforms IT governance towards agility at scale. Designed to drive a value-oriented portfolio, it equips PMOs and managers to align strategy and execution.

Our training will enable you to master Lean Portfolio Management (LPM): value-based prioritization, agile budgets, guardrails, lean governance and regular synchronization with the business.

You'll learn how to organize around value streams, set up decision-making frameworks, monitor performance (flow metrics, KPIs) and establish governance rituals that streamline trade-offs and investments.

At the end of the course, you'll be able to operate an agile portfolio within an IT department, lead change with sponsors and teams, and prepare effectively for Lean Portfolio Manager (LPM) certification.

Like all our training courses, this one is based on the latest stable version of SAFe, and favors a resolutely practical and results-oriented approach.

## **Objectives**

- Understand the role of the Agile PMO in an IT department
- Implement agile governance aligned with strategy
- Apply the principles of Lean Portfolio Management
- Deploy portfolio tools and dashboards
- Drive change with management and teams

### Target audience

- PMO
- CIO
- IT Managers
- IT consultants

### **Prerequisites**

- · Notions of project management
- Experience in an IT environment or portfolio management

## Program of our Agile PMO training course for CIOs

[Day 1 - Morning]

#### Understanding the role of the Agile PMO in an IT department

- Positioning the Agile PMO vs. the traditional PMO
- Challenges of agility at scale for IT Departments
- Role of the PMO in a product and value-oriented IT department
- Portfolio management and governance objectives
- Transition to the role of strategic facilitator
- Practical workshop: Mapping the current missions and targets of the Agile PMO.

[Day 1 - Afternoon]

### Agile governance and strategic alignment

- Clarifying business value as a decision-making compass
- Setting up agile decision-making frameworks
- Aligning IT/Business objectives via the agile portfolio
- Prioritizing investments with OKRs and safeguards
- Light governance rituals and transparency
- Practical workshop: Mapping current governance and defining an agile target.

### Agile portfolio management (Lean Portfolio Management)

- Key principles of Lean Portfolio Management (LPM)
- Agile budgeting and value-based financing
- Identifying and managing value streams
- Managing inter-program dependencies and trade-offs
- Measuring performance (KPIs, flow metrics)
- Practical workshop: Building an agile portfolio matrix for the IT department.

#### Agile PMO tools and practices

- Portfolio management tools
- Strategic kanbans and dashboards
- Lean portfolio rituals (reviews, sync, guardrails)
- Agile budgeting and lean reporting
- Proactive risk & opportunity management
- Practical workshop: Creating an Agile PMO dashboard for an IT department.

#### [Day 2 - Afternoon]

#### Leadership and change management

- PMO as change agent and alignment catalyst
- Collaborative leadership and service posture
- Facilitation techniques for committees and arbitration
- Accompanying IT and business units in the adoption process
- Managing resistance and securing sponsors
- Practical workshop: Simulation of an agile portfolio committee.

#### Preparation for Lean Portfolio Manager certification

- Presentation of SAFe Lean Portfolio Manager (LPM) certification
- Areas assessed, exam format, pass criteria
- Review of concepts: governance, financing, value streams, KPIs
- Study strategies and review plan
- Resources: glossaries, guides, mock exams
- Practical workshop: Mock exam and correction.

### Companies concerned

This course is aimed at both individuals and companies, large or small, wishing to train their teams in a new advanced IT technology, or to acquire specific business knowledge or modern methods.

### Positioning on entry to training

Positioning at the start of training complies with Qualiopi quality criteria. As soon as registration is finalized, the learner receives a self-assessment questionnaire which enables us to assess his or her estimated level of proficiency in different types of technology, as well as his or her expectations and personal objectives for the forthcoming training course, within the limits imposed by the selected format. This questionnaire also enables us to anticipate any connection or security difficulties within the company (intra-company or virtual classroom) which could be problematic for the follow-up and smooth running of the training session.

### Teaching methods

Practical training: 60% hands-on, 40% theory. Training material distributed in digital format to all participants.

## Organization

The course alternates theoretical input from the trainer, supported by examples, with brainstorming sessions and group work.

#### Validation

At the end of the session, a multiple-choice questionnaire verifies the correct acquisition of skills.

## Certification

A certificate will be awarded to each trainee who has completed the entire course.